



# MOUNT VERNON HIGH SCHOOL MUSTANG FOOTBALL

## Newsletter – September 2020 – Issue #29

### *From the Desk of Head Coach Lance Pedersen*

Good Evening,

It is great to be 3-0 at the varsity level. A nice win Friday night against Center Point-Urbana. Our 3rd quarter was not the best quarter of the night, but I like how our guys responded. We did not panic and we stuck together to get back on track. To win on the road in the conditions that we were faced with was a great night. Thank you to all of you who came out, braved the weather and supported our football team.

This week we face Vinton Shellsburg, they are 1-2 on the season and lost last week to a much improved South Tama football team. They have an outstanding athlete at quarterback who has the ability to run and pass the football. They also have a very tough 4 man defensive front that comes off the football with a lot of explosion. We look forward to playing again this Friday night at the Cornell Football Complex. Game time is 7:00.

#### **Tickets:**

My plan is to give each varsity player 4 tickets and each fresh/soph player one ticket. We hope our fresh/soph parents will come out to support our football program. Any tickets I have left I will give to you. But to be sure, please get your extra tickets from the high school.

#### **Decals:**

On our helmets this past week we wore American flag decals for the 9-11 game. I wanted our guys and our community to never forget the loss and sacrifice of so many. If you are interested I do have decals left for \$5.00 apiece. If you are interested let me know.

**MEALS:** The varsity team meals are served each week and cost \$10.00. Please make sure to make a \$70.00 payment for team meals or send \$10.00 each week.

#### **Treats**

Please contact me and let me know what day you would like to contribute. Everything will have to be pre-packaged this year.

#### **This week:**

**Monday: Ulch**

**Tuesday: Tischer**

**Wednesday: Bunch/Younggreen**

As always if you have any questions or concerns please send me an email. Looking forward to working hard this week, getting better everyday and being 1-0 by Friday night! It is important that we work hard to defend our home field.

This week our theme is "Relationships." I will work hard to talk about the value of string relationships and what they mean to a team and a family. To make a relationship work you must have trust in one another, to always do the right thing even when the right thing is not popular at the time. You must be dependable, committed, loyal, put others above self. It is not easy to give yourself to a person or group but in the long run it is sure worth it. Have a great week and value those around you. Be grateful for what you have and continue to strive to be a better person day in and day out!

It is a great day to be a Mustang!

- Head Coach Lance Pedersen



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## Upcoming Dates [Online Football Calendar Link](#)

- September 18 Vinton-Shellsburg (Home Cornell)
- September 25 Union (Home Cornell)
- October 2 Team to the South There
- October 9 South Tama (Home Cornell - Homecoming)

## Player of the Week

### Players of the Week

### Week 2



**OFFENSE**

Brady Ketchum



**DEFENSE**

Kean Kamerling



**SPECIAL TEAMS**

Jake Hunter



**SCOUT**

Leo Appleton



**#GBT**

